



BEHIND THE TAPE

“The Weight of Leadership”

Presented by:

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What Happens After the Call Ends?

Supervisors are expected to lead from the front while carrying the unseen weight of everyone’s experiences. After a critical incident, the responsibility does not end when the scene is cleared, it shifts to leadership. This course brings supervisors into that space, focusing on how to recognize, manage, and support the psychological impact of the job while maintaining operational readiness and accountability.

This one-hour, leadership-focused training provides practical, experience-driven guidance for those responsible for personnel, especially those exposed to critical incidents. Grounded in real-world law enforcement and military experience, along with clinical insight, the session speaks directly to the realities of balancing mission demands with the well-being of both the team and the supervisor.

Attendees Will Walk Away With:




- Real-world understanding of how critical incidents impact personnel over time
- Practical supervisor strategies to support wellness while maintaining performance and accountability
- How to recognize early signs of cumulative stress, burnout, and distress, and when to act
- Clear guidance for post-incident conversations, peer support, and debriefing promoting recovery

Why It Matters:

Mental wellness isn’t a luxury. It’s mission critical. Support begins with understanding, and healing begins with honest conversations. This training goes beyond theory, built on firsthand experience, real conversations, and clinical expertise delivering practical guidance that resonates within the culture.

“Rich marries lived experience with academic insight and clinical expertise to deliver a powerful, transformative training. It’s the kind of session that doesn’t just inform ...it shifts perspectives.”

To Bring This Session to Your Agency

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