



BEHIND THE TAPE

“Mental Health Considerations in Human Trafficking Investigations”

Presented by:

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Understanding the Hidden Impact Behind the Casework

Human trafficking investigations present some of the most complex and emotionally demanding challenges in law enforcement. These cases involve prolonged victimization, psychological coercion, trauma bonding, and survival behaviors that can complicate investigations and impact those involved.

This engaging and practical presentation explores the mental health realities investigators encounter, both in survivors and within themselves. Drawing from clinical expertise and firsthand experience, Richard bridges the gap between investigative demands and psychological awareness.

Attendees Will Walk Away With:

-  Understanding how trafficking investigations impact mental health
-  Awareness of secondary trauma, stress, and burnout risks
-  Practical resilience and stress management tools
-  Strategies for peer support and healthier team dynamics
-  Techniques to safeguard personal wellbeing and family relationships

Why It Matters:

These investigations expose professionals to cumulative emotional and psychological stress. Mental wellness influences decision-making, effectiveness, career sustainability, and family life.

“Richard delivers a powerful and relevant training grounded in real-world experience. His ability to connect mental health with operational realities makes it practical and immediately applicable.”

To Bring This Session to Your Agency

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